



MASSAGES

Find your balance



Paris Classic

Paris Classic is a series of masterful techniques that use manipulative exercises and acupressure of energy points on the body to release tension and pain in muscles, tendons and joints. It brings total relaxation, a sense of newfound vitality and mental balance. Paris Classic presents Thai massage therapy in its most authentic form as it has been taught and practiced for centuries.

30 min – 1,300 CZK / 60 min – 2,400 CZK



Queen's Park – oil massage

A revitalizing massage using aromatic oils with extracts of lavender, rosewood, eucalyptus and mint combined with acupressure and reflexology and complemented by inhalation of fragrant oils of blood orange, sandalwood and jasmine essences using an aroma lamp. The aim of this type of therapy is to calm and achieve a state of harmony of mind (inhalation) and body (massage techniques).

60 min – 2,400 CZK



Classic Swedish massage

Swedish muscle massage is based on traditional massage techniques. It serves to refresh and regenerate the muscles and the metabolism and helps to improve blood circulation. It is a type of sports massage specifically designed to quickly eliminate fatigue.

30 min – 1,300 CZK / 60 min – 2,400 CZK



Foot Relax – foot massage

Massage of the lower limbs using acupressure with a focus on the feet. Reflexology combined with massage from toes to knees using 100% pure essential oils from extracts of thyme, mānuka and lemongrass and balm from eucalyptus, rosemary, mint and chestnut blossom. It is the best way to eliminate the feeling of heavy feet. This kind of massage is also popular nowadays for its healing effects and reducing the risk of diseases of civilization related to circulatory disorders.

30 min – 1,300 CZK / 60 min – 2,400 CZK



Mystic Face – facial massage

Osteopathic face and scalp massage combined with techniques to release muscle tension and joint blockages in the cervical spine using Neroli oil, an essence from the blossoms of bitter orange trees. It is a very widespread form of quick massage leading to the removal of pre-existing difficulties, but especially used in their prevention. Thanks to Mystic Face, the energy points on the head are positively activated, making this type of massage one of the anti-stress therapies.

30 min – 1,300 CZK



Dark Side of Moon – back massage

This combination of massage techniques is aimed at relieving both intermittent and chronic back pain. Using relaxing menthol and camphor ointments, blocks and tension are removed throughout the back, neck and shoulder areas.

60 min – 2,400 CZK



Spirit of Siam – herbal massage

An ancient Thai herbal massage that uses small cloth bags filled with a mixture of herbs and grasses with aromatic substances.

The herbal bags, heated in a steam bath, are applied to areas where tension and pain are concentrated. This is followed by a relaxing massage using aromatic oils with extracts of jasmine, sandalwood and lime. The result brings total body relaxation and a feeling of a positively charged mind.

60 min – 2,400 CZK / 90 min – 2,900 CZK



Massage with lava stones

This type of therapy uses 53 smooth lava stones that are heated in water and placed on the body while still hot. At the same time, different parts of the body are massaged with hot oil and the two largest stones. The heat penetrates deep into the whole body, causing complete relaxation and recharging the body with strength.

75 min – 2,700 CZK



Massage sessions can be booked for every day from 9.00 to 20.00

It is necessary to book the date
(preferably 24 hours in advance)

To book a massage session, please contact the hotel reception
on telephone number 99 or in person.



Hotel Paris Prague * * * * *

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More information

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www.hotel-paris.cz/en/facilities

